



# Serving Instructions

Thank you for your Casserole Queen purchase. Your casserole has been freshly prepared especially for you.

To get the most flavor and enjoyment out of your casserole we suggest the following cooking instructions:

- Our casseroles perform best when completely thawed before cooking. If you are pressed for time you can bake a casserole straight from the freezer at the suggested temperature, but you will need twice as much time in the oven.
- Please allow at least 10 minutes for your oven to fully preheat before baking your casserole.
- In order to cook your casserole thoroughly, do not cook in microwave (the dreaded flavor zapper). Our casseroles and disposables tins are intended for the oven. Although, once your casserole has been fully cooked and removed from the tin, you can use your microwave to reheat portions of the casserole.
- Your oven varies from Mrs. Henderson's oven down the road, so please note that these are basic guidelines. Cooking times may vary ever so slightly, so please pay attention. Check the casseroles several times near the end of baking to look for bubbling at the edges and a hot center.
- To ensure quality, we recommend that you do not store your casserole for longer than 2 months in your freezer.

Enjoy!  
The Casserole Queens

## **Zapata's Black Bean Enchilada Casserole:**

Keep foil lid on dish and bake in the 350° oven for 25 to 30 minutes or until heated. Let stand for 10 minutes.

Pairing Suggestions: Serve with sour cream, salsa, and fresh guacamole for a real fiesta.

Ingredients: corn tortillas, tomatoes, green onion, chopped onion, salsa, cumin, black beans, condensed black bean soup, Mexican-style cheese blend